

Allotment News

The school allotment is a hive of activity most lunchtimes and crops are growing well despite the lack of rain! We are currently enjoying a bumper crop of strawberries which we have been able to share with Milton children's hospice and our own school kitchen to create a delicious fruit salad.

Our exciting venture as the pilot school for the charity Foodshare continues and the raised bed on the allotment which is dedicated to the Milton Children's Hospice is growing well. The vision behind the charity is "Growing to Give". If you wish to donate any home grown produce to the hospice please can your child bring in their Foodshare donation on a **Monday** or **Thursday**. It would really help us if you could label your donation with the following information:

Name:

Class:

Produce:

Weight (in grams):

Foodshare Homeplants

The Foodshare Home plant project is once again underway and a plant will be coming home with your child over the next few weeks. This year we have grown from seed, tomatoes, peas, runner beans, courgettes and broad beans. The idea behind the Foodshare Homeplant is that your child nurtures and looks after their plant at home. When it begins to bear fruit they can harvest and donate half to the Foodshare Donation Station and enjoy the remainder with their family. We really hope that they will enjoy the fruits of their labours and the taste of home-grown produce! If you visit the Foodshare website there is further information on "Caring for your Foodshare Plant", should you require it.

The Milton Minestrone

On the 23rd June our team of Year 6 Head Gardeners will be spending the day at the Cambridge Cookery School for a "Grow-Cook-Share Day". The children dedicated one of our raised beds to this event and have grown from seed and nurtured, produce for a healthy vegetable soup. On the morning of the 23rd the children will harvest the vegetables and take them to the Cookery School. Tine Roche, professional chef and founder of the Cambridge Cookery School, is donating her expertise and space for the day in support of this worthwhile project. Tine will be teaching the children how to prepare the vegetables and then how to cook the soup. Once made the children will be able to enjoy their soup for lunch before delivering a large portion to Jimmy's Night Shelter where it will feed over 30 homeless people that evening! It is a very exciting venture which gives the children a real sense of purpose.

For further updates on the school allotment, please visit the school website and go to the Events area where there is now a section marked Allotment News.

Mrs O'Shea



foodshare

growing to give

FOODSHARE HARVEST HEROES 2011

CAN WE BEAT LAST YEAR'S AMAZING £500 FOOD

DONATION TO THE MILTON CHILDREN'S HOSPICE?

Ready, Steady GROW! Well done on helping to grow and collect over £500 worth of food in 2010 which was donated to the Hospice kitchen. Are you ready to beat last year's total?

Here's how it works... Whenever you have produce from your Foodshare plant to donate to the Children's Hospice, please bring it to your class. Your donation will be weighed and entered in the Foodshare Totaliser. The Totaliser keeps track of how much produce your class has donated. Could you become 2011's Harvest Heroes?

And it's not just harvests from your Foodshare plant that you can donate. Why not try growing some other vegetables at home? You can also bring donations of any fresh produce that family, friends and neighbours have grown in their gardens or allotments. Food is then delivered to the Hospice kitchen the same day. During the school holidays, please enjoy any produce from your plant with your family!

GOOD LUCK AND LET'S GET GROWING!

For more information on Harvest Heroes and tips on how to grow visit:

www.foodshare.org.uk/grow2give